# A QUICK GUIDE TO THE TRANS AND NON-BINARY COMMUNITY



NSPHOBIA

GIRES

#### **PHYSICAL SEX**

The attributes a person

was born with - male or

female

#### GENDER EXPRESSION

How a person portrays their self – masculine or feminine clothes, hair, jewellery

#### SOCIETY PERCEIVED Gender

The gender society thinks a person should be – as a male they expect them to be masculine in dress and style; feminine if female.

#### GENDER IDENTITY

What an individual personally feels their gender is – if the different their physical sex they will be somewhere on the Trans spectrum.

**SEXUALITY** 

Has nothing to do with being Trans – Trans people are just as likely to be heterosexual, gay, lesbian, bisexual etc as anyone else.

### WHAT CAUSES IT?

Development of the **brain** in the **womb** 

University of Vienna 2016

**RMINOLOG** 

## EVERYBODY SHOULD HAVE THE RIGHT TO HAPPINESS & TO BE THEMSELVES WITHOUT THE FEAR OF PERSECUTION

# IT'S NOT:



# HOW MANY TRANS PEOPLE IN THE UK?

0.1% (48k) Trans Men 0.1% (48k) Trans Women 0.07% (30k) Non-binary 0.3% (136k) Unspecified

262,000 said gender was different from their sex at birth

#### ONS 2021 UK Census

SUICIDAL

IDEATION



The personal stress and discomfort caused by having a brain that is a different gender to your body

**92**%

SERIOUSLY

**PLAN IT** 

#### SOCIETY'S TREATMENT OF TRANS PEOPLE CAUSES:

Stress, self-loathing, depression

TRANS PEOPLE ATTEMPTING SUICIDE: 48%

# **97%** OF TRANS PEOPLE EXPERIENCE TRANS:

INTERSEX Relates to diverse sex characteristics, which is distinct from gender identity

#### AGENDER

Someone who feels they have no or a neural gender

#### GENDERFLUID

A person who's gender fluctuates between male, female and/or neutral

#### NON-BINARY

A person who feels they are not either simply male or female

#### ANDRODGYNOUS

A person who feels they are a middle or third gender TRANS MAN TRANS WOMAN

A person who's gender is opposite to their biological sex

# WHAT CAN TRANS PEOPLE DO?

