

TRANS
IN THE CITY

TRAINING
COURSES

E-LEARNING TRAINING

Trans Inclusion Videos

- Free access and free to use: <https://www.transinthecity.co.uk/training>

FOUNDATION TRAINING

Trans 101 Training

- Basic foundation level trans awareness
- 1½ hours including Q&A
- Virtual or In-person*

Trans Awareness Next Steps

- ½ day course and/or workshops
- In person*

How to be an Ally

- 1½ hours including Q&A
- In person*

General LGBTQIA+ Training

- 1½ hours including Q&A
- In person*

How to be an Ally and General LGBTQIA+ Training

- In person*

LISTENING & DISCUSSION SESSIONS

Listening Session

- Listening session with trans and non-binary staff to provide safe space feedback and review.
- Written report giving feedback on organisation inclusion and experience for trans and non-binary people.
- In person* with 2 trainers

Brave Space/Courageous Conversations Session for Allies

- Open and honest discussion around trans and non-binary inclusion for cisgender people.
- Requires Trans 101 and Trans Next Steps foundation training.
- In person*

Mentoring for Employee Resource Group Leaders

- Guidance from Trans in the City Directors on effective ERG operations
- Max 4 people per session
- Minimum 6 sessions
- Virtual or In person

EXECUTIVE SUPPORT AND TRAINING

Trans 101 for Executives

- Basic awareness course specifically focused at the demands faced by executive level staff
- 1 to 1 ½ hours
- Virtual or In-person*

Trans Awareness Listen, Learn and Challenge

- Trans awareness and inclusion for executives, including open challenge and discussion session.
- Fully customisable to executives and their organisational needs and challenges.
- In person*

Executive reverse mentoring

- Mentoring by Trans in the City Directors
- Max 4 people per session
- Minimum 6 sessions

**Maximum of 30 people per in person session unless otherwise specified.*

Please contact info@transinthecity.co.uk if you require training for more than 30 people.

Speakers

We can also provide keynote speakers and panel members for any events. For more details and to book training or speakers, please contact info@transinthecity.co.uk.